

LIVING IN STRASBOURG

LIVING COSTS IN STRASBOURG

Generally speaking, monthly living costs in Strasbourg may amount to the following:

- **Accommodation:** between 300 and 600 euros depending on the type of accommodation, caf allowance not included.
- **Food and other daily expenses:** between 300 and 500 euros per month. University's cafeterias (RU) offer affordable meals including appetizer, main dish and dessert (for 3.30€).
- **Transport:**
19-25 years old: 27.6€
26-64 years old: 51.80€
For a monthly bus/tram pass.

PASS CAMPUS CARD

- It is the University of Strasbourg student card.
- It serves as a cash card for university services, transportation, restaurants ect.
- It allows students to get two-course lunches in University cafeterias (RU) for 3.30 €.
- Discounted tickets for cinema, concerts, exhibitions and other cultural events .

WHAT TO BRING

• CLOTHING

Pack for all seasons. It gets very cold in the winter (down to -10 C) and very warm in the summer (up to + 35 C).

• DON'T PACK TOO MUCH

Strasbourg is a modern city with shopping malls, pharmacies, and grocery stores. Keep in mind the weight limits of airline baggage.

• ELECTRONICS

The plugs in France may be different from the ones in your country. Use an adaptor or buy new or second hand appliances.

SPORT

Students have the possibility to register for sports online at <https://sport.unistra.fr/suaps/actualites>. Registration gives access to 2 to 4 activities out of 60 offered per semester at the University of Strasbourg.

FRENCH NATIONAL HOLIDAYS

January 1st	New Year
May 1st	Labour Day
May 8th	Armistice of WWII
Spring	Pentecost Monday Good Friday Easter Monday Ascension Day
July 14th	Bastille Day
August 15th	Assumption
November 1st	All Saints Day
November 11th	Armistice of WWI
December 25th	Christmas
December 26th	St. Stephen's Day

OPENING HOURS IN FRANCE

In France, a few public services, shops and other services are open without interruption from 8:00 am to 7:00 pm. Administrative offices usually open from 8:00 am to 5:00 pm.

Most shops, banks and public services will close for one or two hours during lunchtime (between 12:00 pm and 2:00 pm). Banks, public services and most stores are closed on Sundays.

In France, the 24 hour system is used to tell time.

In the morning it goes from 00h00 (12:00 am) to 12h (12:00 pm).

In the afternoon it goes from 13h (1:00 pm) to 24h (12:00 am).

SPECIAL DIETARY REQUIREMENTS

Here are two non exhaustive lists of supermarkets where students can find suitable food for special dietary needs.

Ethnic Food

- **Halal Food: Pro Inter**
[105 Rue de la Plaine des Bouchers](#)
[67100 Strasbourg](#)
Monday - Sunday, 8 am to 8 pm.
- **Kosher Food: FB Espace Casher**
[2 Avenue de la Forêt-Noire](#)
[67000 Strasbourg](#)
Monday - Friday, Sunday, 8 am to 9 pm.
- **African Food: Espace Boniface**
[28 rue de la course,](#)
[67000 Strasbourg](#)
- **Asian Food: Paris Store**
[27 Rue du Faubourg de Saverne, 67000 Strasbourg](#)
Monday - Saturday, 10 am to 7 pm

Organic, Vegan, Vegetarian and Gluten Free

- **Naturalia**
[37 bld de la Victoire](#)
[67000 STRASBOURG.](#)
[3 rue d'Austerlitz](#)
[67000 Strasbourg](#)
Monday - Saturday, 9 am to 8 pm.
- **Biocoop**
[6 rue de Sebastopol](#)
[67000 Strasbourg](#)
[6 rue de la 1^{ère} armée](#)
[67000 Strasbourg](#)
Monday - Friday, 10 am to 8 pm.
Saturday, 10 am to 7 pm
- **Auchan Supermarché**
[8 rue de Leicester](#)
[67000 Strasbourg](#)
Monday - Saturday, 8 am to 8:30 pm.

CROUS RESTAURANTS AND OPENING HOURS

The student card and the izly account give access to the following Crous restaurants:

- **Resto' U Esplanade**
Tram C, E & F stop: Université
[32 Boulevard de la Victoire](#)
Monday-Friday: 11:30 am to 1:30 pm
Take-out: 11:30 am to 2:30 pm
- **Resto' U Paul Appell**
Tram C, E & F stop: Université
Bus 30, 31 & 15 stop: Palerme
[23 rue du Jura 67000 Strasbourg](#)
Monday-Friday: 11:30 am to 1:45 pm / 6:30 pm to 8:30 pm
Saturday-Sunday: 11:30 am to 2:00 pm
- **Resto' U Illkirch**
Tram A stop: Campus d'Illkirch
[76 Route du Rhin 67400 Illkirch-Graffenstaden](#)
Monday-Friday: 11:30 am to 1:30 pm
- **Resto' U Gallia**
Tram C, E & F stop: Gallia
[1 place de l'Université 67000 Strasbourg](#)
Monday-Friday: 11:30 am to 1:45 pm / 6:30 pm to 8:45 pm
Saturday-Sunday: 12:00 pm to 2:00 pm

For more information go to <http://www.crous-strasbourg.fr/restauration/>